

For the past several years, the Iowa Department of Human Services (DHS) and the Iowa Department of Public Health (IDPH) have led state efforts to understand and develop services for Iowans with co-occurring mental health and substance abuse problems. These efforts have involved consumers, clients, family members, providers, consultants, Departments staff, and other stakeholders in forums, planning groups, and trainings. As a result, Iowa has a strong base of educated and committed individuals who are contributing in ways specific to their individual, advocacy organization, or agency mission to a statewide comprehensive system of care that supports people working toward personal recovery.

DHS and IDPH believe the list below summarizes on-going efforts in the evolution of what we would characterize as Iowa's recovery-oriented care system:

STATE EFFORTS

1. DHS/IDPH Joint Statement on Recovery Care System:

“Over time, all Iowa mental health and substance abuse treatment services and all State processes that support such services will become recovery-oriented and capable of meeting the complex needs of individuals and families.”

2. Information on available resources and known activities and events statewide will be posted on DHS and IDPH websites, including:

- DHS/IDPH Activities - e.g., Joint Statement, accreditation/licensure review, outcome reporting
- Meetings - e.g., Dual Recovery Anonymous, Iowa Plan Co-Occurring Roundtable
- Resources - e.g., COMPASS, 12 Steps for Clinicians, Integrated Dual Diagnosis Treatment
- Training Opportunities - e.g., DRA Co-Occurring Disorders Conference, Governor's Conference on Substance Abuse

PROVIDER EFFORTS

1. Adopt recovery care system principles. Review policies and services accordingly, revising policies and reconfiguring services as appropriate to each program's specific mission and associated business plan.
2. Visit DHS/IDPH websites and select resources and participate in meetings, training opportunities, and work groups that support their efforts.

ADVOCACY GROUP EFFORTS

1. Adopt recovery care system principles. Review activities accordingly, revising activities as appropriate to each group's specific mission and constituents.
2. Visit DHS/IDPH websites and select resources and participate in meetings, training opportunities, and work groups that support their efforts.